

Sex & Relationships Education Policy

Date:

May 2017

Review Date:

May 2018

Our Mission Statement:

At St Margaret's:

- We have high expectations of everyone
- We believe every child can and should achieve
- We want children to be happy and safe in our caring, Christian community
- We go the extra mile

Aims and Guidelines

The aim of the school's Sex Education and Relationships Policy is to provide our children with accurate and timely information. It will be appropriate to the pupil's age and experience and will be presented within a moral, family-orientated and Christian framework.

The purpose of this policy is, in part, to help parents understand what we are doing so that we can work in co-operation. It is designed to cover KS1 and KS 2 of the National Curriculum guidelines and lead into the SRE children will receive at their secondary school, where they will encounter further questions and decisions appropriate to adult life. Sex & Relationships Education (SRE) at St. Margaret's Lee is taught using a Scheme 'Teaching SRE with Confidence' by the Christopher Winters Project. This approach ensures that teachers are well-prepared and teaching is at an age-appropriate level. Parents and carers are welcome to view the Scheme and an overview of the content can be viewed in the next section. Sex and relationship lessons are also complimented by sessions focusing on the increasing pressures facing young people in relation to body image, relationships and self-esteem.

Usually teaching SRE will be done by the class teacher but it may be supported by others within the school. e.g. If a session for girls may be led by a female staff member if the class teacher is male

Content

Babies interest even the youngest of our children. An understanding of where babies come from and how babies are made is developing from the Nursery upwards through incidental questions and answers.

From Year 1 to Year 6 the school follows a structured programme of teaching:

Year 1 Growing and Caring for Ourselves

Learning Intention

To understand some basic hygiene principles

Learning Outcomes

Know how to keep clean and look after oneself

Learning Intention

To introduce the concept of growing and changing

Learning Outcomes

Know how people grow and change

Understand that babies become children and then adults

Know the differences between boy and girl babies

Learning Intention

To explore different types of families and who to ask for help

Learning Outcomes

Know there are different types of families

Know which people we can ask for help

Learning Intention

To introduce the concept of male and female and gender stereotypes

To identify differences between males and females

Learning Outcomes

Talk about the ways boys and girls can be the same and different

Understand that some people have fixed ideas about what boys and girls can do

Describe the difference between male and female babies

Learning Intention

To explore some of the differences between males and females and to understand how this is part of the lifecycle

Learning Outcomes

Describe some differences between male and female animals

Describe some differences between boys and girls

Understand that making a new life needs a male and a female

Learning Intention

To focus on sexual difference and name body parts

Year 2

Differences

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Learning Outcomes

Describe the physical differences between males and females
Name the male and female body parts

Know about the physical and emotional changes that happen in puberty
Know that each person experiences puberty differently

Year 3 Valuing Difference and Keeping Safe

Learning Intention

To explore the differences between males and females and to name the body parts

Learning Outcomes

Know some differences and similarities between males and females

Name male and female body parts using agreed words

Learning Intention

To consider touch and to know that a person has the right to say what they like and dislike

Learning Outcomes

Identify different types of touch that people like and do not like

Understand personal space

Talk about ways of dealing with unwanted touch

Learning Intention

To explore different types of families and who to go to for help and support

Learning Outcomes

Understand that all families are different and have different family members

Identify who to go to for help and support

Year 4 Growing Up

Learning Intention

To explore the human lifecycle

Learning Outcomes

Describe the main stages of the human lifecycle

Describe the body changes that happen when a child grows up

Learning Intention

To identify some basic facts about puberty, reproduction and pregnancy

Learning Outcomes

Know that during puberty the body changes from a child into a young adult

Understand why the body changes during puberty

Identify some basic facts about pregnancy

Learning Intention

To learn about the physical changes associated with puberty

Learning Outcomes

Year 5 Puberty

Learning Intention

To explore the emotional and physical changes occurring in puberty

Learning Outcomes

Explain the main physical and emotional changes that happen during puberty

Ask questions about puberty with confidence

Learning Intention

To understand male and female puberty changes in more detail

Learning Outcomes

Understand how puberty affects the body and the emotions

Describe how to manage physical and emotional changes

Learning Intention

To explore the impact of puberty on the body and the importance of physical hygiene

To explore ways to get support during puberty

Learning Outcomes

Explain how to stay clean during puberty

Describe how emotions change during puberty

Know how to get help and support during puberty

Year 6 Puberty and Reproduction

Learning Intention

To consider puberty and reproduction

Learning Outcomes

Describe how and why the body changes during puberty in preparation for reproduction

Talk about puberty and reproduction with confidence

Learning Intention

To consider reproduction in the context of relationships

Learning Outcomes

Discuss different types of adult relationships with confidence

Explain how babies are made

Learning Intention

To explore the process of conception and pregnancy

Learning Outcomes

Describe the decisions that have to be made before having a baby

Know some basic facts about pregnancy and conception

Further details of lesson objectives and the activities involved are available to view. This can be done by contacting the class teacher or the school office.

Children's questions & comments

During the SRE lessons (and across the year) children may have questions. Any questions will be dealt with by the class teacher sensitively and appropriate to age. If a teacher is uncertain about how to respond to a particular question or statement, they will seek the advice of a senior member of staff.

Sexuality/Sexual Orientation

Any questions about homosexuality should be answered sensitively in a way that is appropriate to the age of the children. Teachers are expected to tackle homophobia proactively and talk about different families in school in a way that eradicates discrimination, advances equality and fosters good relations.

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Child Protection

If a child asks questions or shares information that may be a cause for concern, this should be noted down and reported to the Headteacher or Child Protection Designated Person immediately. For further guidance, see the Child Protection Policy.

Internet Safety

Children are taught about Internet Safety in school every year, including what to do if they are exposed to sexually explicit material online. Our Internet portal within school has a filter to prevent this occurring in school. However, parents and carers are advised to ensure that their children are using the Internet safely and appropriately.

Right to withdraw

Parents have the right to withdraw their children from all or part of SRE that does not form part of the Statutory National Curriculum. Parents wishing to exercise that right are asked to make an appointment with the headteacher to discuss the issues but are under no obligation to do so.

Equality

Sex and relationships education enables all children to have access to accurate information. This policy will be reviewed annually.